



Since 1977
"The Best Value In Fitness"

Personal Trainer Client Waiver and Release

I am in general good physical condition and health and have no disability, impairment, or ailment that will prevent me from, or be aggravated by, engaging in active or passive exercise. I understand that before beginning any exercise program, I should consult my physician.

I undertake all exercises and use of the Las Vegas Athletic Clubs' facilities at my sole risk. Should I sustain any injury as a result of training recommendations or practices imposed by my trainer, I expressly agree to release and waive, for me and my heirs, any and all rights for claims against the Las Vegas Athletic Clubs, its officers, agents and employees for any and all losses and injuries suffered by me at any time in conjunction with my participation in and use of Las Vegas Athletic Clubs' facilities.

I understand that even if my trainer is an employee of Las Vegas Athletic Clubs, that while training me, he/she is operating an independent business and is not acting in the course or scope of employment for the Club. The Club does not warrant, nor in any manner guarantee the skill, qualifications or effectiveness of the Trainer. The club is not a party to any dealings between the Trainer and Client and cannot be held responsible for any agreements between Trainer and Client. Trainer assumes the full and sole responsibility for any and all disputes arising between Trainer and Client and agrees to hold the club harmless in any such disputes.

Client _____ Date _____

Trainer _____ Date _____

Club Manager _____ Date _____

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